**IADVL- Academy**

**SIG (Special Interest Group) Laser and Aesthetics 2018- 2019**

**Consent form for fractional carbon dioxide laser**

(Please acknowledge the source when using this consent form)

Name: Mrs./ Mr. / Ms. ………………………………………………………………………………………………………………….

Address: …………………………………………………………………………………………………………………………………

Hospital ID: ……………………. Phone Number: ……………………………………………………………………………………

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, here by authorize Dr. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or his trained assistant to operate on myself or on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, who is my \_\_\_\_\_\_\_\_\_\_\_\_\_(relation) for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Initial\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Treatment Area: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Indications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Machine Used: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Fractional CO2 laser is an ablative fractional laser in which micro beams of light injure small fractions of the skin leaving behind areas of untreated skin which helps in quick recovery and improvement in texture of skin and scarring. Multiple sessions are required based on the indications and severity of the problem. The improvement may not be immediate, and the skin usually keeps improving till 3 months to 1 year after a session. Fractional CO2 laser is used in an effort to improve acne scars, traumatic scars, burn scars, surgical scars, photo ageing and improvement in skin texture, wrinkles and fine lines.

I am aware of the following:

1. The **adverse events like** stinging or burning sensation, redness resembling a sunburn (The redness will typically subside in 1 to 6 weeks but could last longer), swelling (subsides in 1 to 2 weeks), skin darkening in the treated areas and will usually fade within 1 to 6 months (rare), skin lightening (It usually re-pigment in 1 to 6 months, but in rare cases could be permanent), blisters or scabs, infection, acneiform eruptions, scarring and even risks or complications associated with this treatment that are not yet reported in the literature.
2. The potential benefits of the proposed procedure and possible **alternate procedures** like other laser treatments, intense pulsed light therapy, dermabrasion, chemical peels, tissue filler products, botulinum toxin (Botox and others), topical bleaching agents, topical retinoid therapy, surgical acne scar treatment etc.
3. No **guarantee**, warranty, or assurance has been made to me as to the results that may be obtained and that for maximum and optimum results, several treatment sessions may be required spaced at varying intervals.
4. I understand that **variable results** are seen due to the patients’ lifestyle, medical profile, and age, the extent of wrinkling and/or scarring, smoking, sun damage, nutritional make-up, and genetic factors.
5. The need of regularity of treatments, **multiple sessions** or touch-ups and maintenance treatments in the future.
6. The need of proper **pre- and post- treatment care**. (The instructions given b should be strictly adhered to).
7. The **cost of treatment** per sitting and the payment schedule. (I will be responsible for reimbursing the cost of the procedure as many of the procedures may not covered by insurance companies or companies).
8. The sensation of the procedure and on occasion, use of topical, block, local or general **anesthesia**. (I give consent for the anesthesia.)

I consent to the **taking of the photographs** during the course of my procedure for the purpose of proper documentation, publications, presentations and post-operative assessment. I give consent for that.

For the **women of childbearing age**: By signing below I indicate that I am not pregnant. Furthermore, I agree to keep the doctors informed should I become pregnant during the course of the treatment.

I will inform the doctor of all current **medications** and change in the medications during the course of treatment.

My **medical history** regarding medications like anti-coagulants, active skin infection, compromised immune system, impaired healing (e.g. keloid scar formers), pregnancy, and pacemaker.

I am giving consent that if anything goes wrong during the procedure, I may be given any **emergency treatment** best suited to me, without asking for my prior permission.

I further state that, I have carefully read and understood all the information provided in this form and with a fully conscious mind, I hereby give my written consent for the said procedure along with its involved risks.

**The procedure, the side effects and the risks involved have been explained to me in my native language.** I hereby **release** Dr.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and its designated staff from liability associated with the above procedure.

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Signature of the patient/ thumb impression Signature of the Guardian (For Minors)

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Name and relationship with the Guardian Date

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Witness 1 Witness 2